Network Care



For Children



For More Information

Check out these websites for more information

www.theadjustment.com www.wiseworldseminars.com



Rubin Family Chiropractic

255 Village Parkway Suite 620 Marietta, GA30067

www.theadjustment.com

770-937-6300

Rubin Family Chiropractic



Network Spinal Analysis





Dr. Drew Rubin, BS, DC, CCSP, DACCP

Specializing in Kids, Families, and Pregnancy



What is Network Spinal Analysis?

Your child may be suffering from sensory processing disorder, ADHD, Asperger's, Autism, or other neurological challenges. In our experience we have found that chiropractic care in its gentlest form is the best way to start with these children. That is why we choose to start with Network Spinal Analysis!

Network Spinal Analysis, NSA, is a gentle touch chiropractic technique to the child's neck and lower back that will help their brain and nervous system relax. When the nervous system relaxes, the child is able to process the stimulants of the environment better. These

new strategies allow their body and spine to become more flexible. A child with these kinds of issues has relatively poor body awareness. Network helps improve the child's body consciousness.

We have found that under NSA care children have:

- Improved concentration
- Decreased clumsiness
- Breath deeper
- Connect with their body's natural rhythms
- Make healthier choices

Can my child be stressed?

The world is perceived with help from the nervous system. When a child is unable to adapt to stress, their body takes on more of a "fight or flight" tone, what Network calls "Stress Physiology".

Network is a technique that can teach your child's body and nervous system how to adapt to stress better.

Network allows the sensory input of the world to be processed more gently. The adjustments take the child out of a stress physiology and into greater mind/body awareness.

Specific exercises will also be given to the child, to be performed at the office and at home. A combination of floor exercises and use of technology such as apps, biofeedback and metronomes will strengthen and reinforce the child's Network adjustments.